

# California Spine Group

## New Patient Packet

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Right/Left Handed

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Current Complaints (Reason for visit):

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

When did you first notice this medical problem? Date: \_\_\_\_\_

Please describe in detail the specifics of your injury: \_\_\_\_\_

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What were your immediate symptoms? \_\_\_\_\_

Were you at work when this injury occurred? Yes / No

When did you report your injury? \_\_\_\_\_ To Whom? \_\_\_\_\_

Did you finish what you were doing? Yes / No.

When did you first seek treatment? \_\_\_\_\_ Who referred you? \_\_\_\_\_

Have you missed any work due to this injury? Yes / No

Dates you have missed work: \_\_\_\_\_

What specific job duties are you unable to do or have difficulty performing? Why? \_\_\_\_\_

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Please list the doctors and treatment you have received for this injury:

Initial facility or Doctor: \_\_\_\_\_  
Date of first visit: \_\_\_\_\_ Diagnosis: \_\_\_\_\_  
Medication: \_\_\_\_\_

Please circle

Physical therapy      MRI    EMG/NCV    Injections      CT scan      Chiropractic  
Other: \_\_\_\_\_

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Next facility or Doctor: \_\_\_\_\_  
Date of first visit: \_\_\_\_\_ Diagnosis: \_\_\_\_\_  
Medication: \_\_\_\_\_

Please circle

Physical therapy      MRI    EMG/NCV    Injections      CT scan      Chiropractic  
Other: \_\_\_\_\_

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Please circle

Physical therapy      MRI    EMG/NCV    Injections      CT scan      Chiropractic  
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Please circle

Physical therapy      MRI    EMG/NCV    Injections      CT scan      Chiropractic  
Other: \_\_\_\_\_

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Please circle

Physical therapy      MRI      EMG/NCV      Injections      CT scan      Chiropractic  
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Physical therapy      MRI      EMG/NCV      Injections      CT scan      Chiropractic  
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Next facility or Doctor: \_\_\_\_\_  
Date of first visit: \_\_\_\_\_ Diagnosis: \_\_\_\_\_  
Medication: \_\_\_\_\_

Please circle

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Other: \_\_\_\_\_

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Have you ever had similar symptoms? Yes / No

Date: \_\_\_\_\_ Body Part: \_\_\_\_\_  
Nature of Accident: \_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_ Body Part: \_\_\_\_\_  
Nature of Accident: \_\_\_\_\_  
\_\_\_\_\_

## Employment Information

Employer: \_\_\_\_\_

Job Title: \_\_\_\_\_

Hours worked per day prior to injury: \_\_\_\_\_ Days per week worked: \_\_\_\_\_

Did you work any overtime prior to the injury? Yes / No. O.T. hours per week: \_\_\_\_\_

Work Duties: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Maximum amount of weight yourself: \_\_\_\_\_ How many times per day: \_\_\_\_\_

Current Work Status: \_\_\_\_\_

Restrictions if any: \_\_\_\_\_

\_\_\_\_\_

Please check any activities required in the course of your work:

\_\_\_\_\_ lift    \_\_\_\_\_ Carry    \_\_\_\_\_ Bend    \_\_\_\_\_ Stoop    \_\_\_\_\_ Squat    \_\_\_\_\_ Push  
\_\_\_\_\_ Pull    \_\_\_\_\_ Walk    \_\_\_\_\_ Sit    \_\_\_\_\_ Stand    \_\_\_\_\_ Reach overhead  
\_\_\_\_\_ Reach forward    \_\_\_\_\_ Awkward positions

List any machines/tools you use at work:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long have you been employed with this company? \_\_\_\_\_

How long have you been in this line of work? \_\_\_\_\_

Do you have a second job? Yes / No. Please explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Past Medical History

Have you ever had any other work related injuries? Yes / No

Date of Injury: \_\_\_\_\_ Body Part: \_\_\_\_\_  
Date of Injury: \_\_\_\_\_ Body Part: \_\_\_\_\_  
Date of Injury: \_\_\_\_\_ Body Part: \_\_\_\_\_  
Date of Injury: \_\_\_\_\_ Body Part: \_\_\_\_\_

Have you had any NON-WORK related injuries (including motor vehicle accidents)?

Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever been hospitalized? Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever had surgery? Yes / No

Date: \_\_\_\_\_ Procedure: \_\_\_\_\_  
Date: \_\_\_\_\_ Procedure: \_\_\_\_\_  
Date: \_\_\_\_\_ Procedure: \_\_\_\_\_  
Date: \_\_\_\_\_ Procedure: \_\_\_\_\_  
Date: \_\_\_\_\_ Procedure: \_\_\_\_\_

List Current Medications: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergies to Medications: \_\_\_\_\_  
\_\_\_\_\_

Please check any of the following conditions in which you currently have:

_____ Diabetes	_____ Thyroid Problem	_____ Rheumatoid Arthritis
_____ Stroke	_____ Cancer	_____ Stomach Ulcers
_____ Liver Disease	_____ Kidney Problems	_____ High Blood Pressure
_____ Heart Attach	_____ Tuberculosis	_____ Other: _____

## Social History

Please check one of the following:

\_\_\_\_\_ Married \_\_\_\_\_ Single \_\_\_\_\_ Divorced \_\_\_\_\_ Separated \_\_\_\_\_ Widowed

Do you have any children? Yes / No      How Many? \_\_\_\_\_

Where were you born? \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Highest education Completed: \_\_\_\_\_ Did you attend a trade school? Yes / No

If yes, what kind: \_\_\_\_\_

Hobbies: \_\_\_\_\_

\_\_\_\_\_

Recreational Activities: \_\_\_\_\_

\_\_\_\_\_

Do you smoke? Yes / No      If so how much? \_\_\_\_\_ per day

Do you drink? Yes / No      If so how much? \_\_\_\_\_ per month

Have you ever done any street drugs? Yes / No. If yes, what kind? \_\_\_\_\_

Have you ever been in an alcohol or drug rehab facility? Yes / No

Have you ever been in the military? Yes / No      If yes, what branch: \_\_\_\_\_